

MANAGING CHAPTER RIDES UNDER COVID-19 AND THE NEW NORMAL:

Chapter Primary Officers to appoint a Chapter IPCO (Infection Prevention/Control Officer) as part of the Chapter Road/Safety Team. This person is responsible for ensuring the suggested procedures are implemented **and followed**. Performance Reviews are monitored consistently and effectively.

- Sanitisation and record protocols be put in place for chapter rides from starting location (Prevention Measures and record keeping for contact tracing).
- RC to plan and Recce a route and then lead the ride along that route Predictability of ride and experienced leader leading the way.
- Riders should be “ride briefed” in a “WhatsApp” message format or a video which could be sent via a “WhatsApp” or Instagram, including the procedures for sanitisation (This reduces contact between members and has record of effective communication).
- Activities Officer / RC must ensure that the destination venue can accommodate “the appropriate” number of people.
- Ride registration and prepayment be implemented in order to:
 - get commitment from riders to wear masks and stay >2m away from other riders.
 - confirm the exact number of riders participating in the ride
 - have a direct contact with the particular riders when you send out the ride briefing.
- Ride roster (with indemnity clause and rider signature) to include the following questions

I confirm that I have not experienced the following in the last 14 days:

- **Cough**
- **Sore throat**
- **Fever**
- **Shortness of breath**
- **Travelled outside of South Africa**
- **Been in close contact with anyone who has tested positive for COVID 19**
- **Recorded Temperature at ride roster registration**

PROCEDURE AND REQUIREMENTS FOR A RIDE:

The following needs to be communicated in the ride briefing message to the group as well as in the newsletter or ride announcement post, before any ride. Members cannot attend the ride if they have experienced **ANY** of the following symptoms:

- Cough
- Shortness of breath
- Sore Throat
- Red eyes
- Fever
- Body Aches or Chills
- Diarrhoea
- Tiredness / General Malaise
- Headaches
- Loss of smell or taste

OR

Have travelled across a provincial or international border within the last 14 days.

OR

Have tested positive for COVID-19 in the past 14 days regardless of symptoms.

OR

Have been in close contact with any person diagnosed with COVID-19 within the past 14 Days. Close contact means living in the same household, **or** someone you have been in contact with for 15 minutes or more, in an enclosed area with inadequate PPE (Personal Protective Equipment) and social distancing.

PROCEDURE FOR PARTICIPATION IN RIDE:

All members are to:

1. Arrive wearing a mask – Members without mask will be required to purchase one or asked to leave (a double folded buff over the face will suffice).
2. Required to maintain social distancing. 1.5m – 2m always.
3. No Hugging, Hand Shakes or Kissing permitted between members at any point. (this does not have to be enforced on people from the same household)

SO / RC / IPCP to:

1. Wear a surgical mask for the duration of screening and must sterilize hands before and must ensure that they don't make any contact with members during the screening process.
2. Ensure member sterilize hands on arrival.
3. Check temperature for ride roster record. Thermometer must be sterilized after use, **and** before being handed to anyone else.
4. Any member with temperature above 38°C will not be permitted to participate in the ride.
5. Ensure members complete ride roster answering all the questions. If **ANY** answer is "Yes" the Member is not allowed to participate in ride in any way.
6. During Ride Brief Road Captain must reiterate the importance of maintaining social distancing and wearing of mask, **at all times**.

POST RIDE

The official activity will cease the moment the ride has ended at the end point of the ride.

Ride roster is to be forwarded to BOTH the IPCO and the HRC along with the ride report for the day. This will be reviewed by the IPCO, following EVERY ride.

Should a member wish to remain at the destination, this is done at their own risk and the H.O.G. Chapter is no longer responsible for maintaining the COVID-19 compliance parameters.

Should any member on the ride, test Positive for COVID-19 within 10 days of attending a ride, they must inform the IPCO / HRC immediately.

Should any member be diagnosed with COVID-19 within 10 days of a ride, **ALL** rides will be cancelled for a period of 14 days after last contact.

All members who participated in the ride will be informed of the confirmed infection and advised to self-quarantine for a 14-day period.